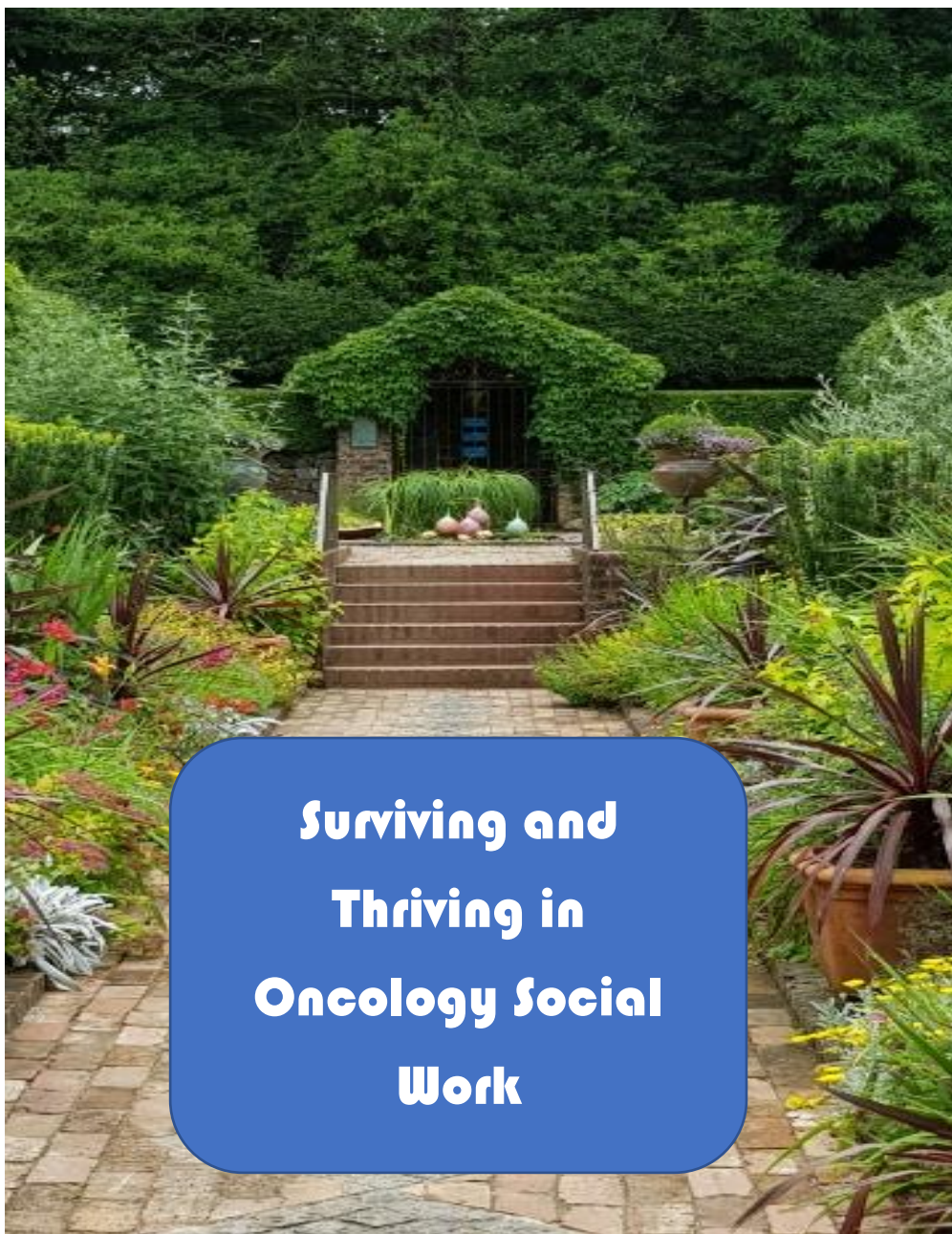


THE 15TH OSWANZ CONFERENCE 2022



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Program

Day 1 Wednesday 1st June 2022
Official Opening and Welcome Justin Gulliver – OSWANZ President
Session 1
Dr April Naturale - 'Upholding Clinicians as We Face the Shared Trauma of Global Suffering and Death' Chair: Justin Gulliver Duration: 1 hour and 15 minutes
Session 2
Dr Rachel Menzies – 'Facing fears of death and cultivating death acceptance' Chair: Shirley Witko Duration: 1 hour and 15 minutes
Day 2 Wednesday 29th June 2022
Official Opening and Welcome Justin Gulliver – OSWANZ President
Session 1
Ray Araullo, Lee Hefford, Alison Hocking + Victoria Jones – 'Voices from the Field: Insights into Surviving and Thriving in Oncology Social Work' Chair: Nick Hobbs Duration: 1 hour and 45 minutes
Session 2
Dr. Amanda Kracen – 'Here Comes the Sun: Shining light on Well-Being and Fulfillment in Oncology' Chair: Justin Gulliver Duration: 1 hour and 15 minutes
Official Closing Justin Gulliver – OSWANZ President

THE 15TH OSWANZ CONFERENCE 2022

Session Commencement Times

Day 1

Wednesday 1st June 2022

Session One	Session Two
10:00 am WA	11:30 am WA
11:30 am NT + SA	1:00 pm NT + SA
12:00 pm ACT, NSW, QLD, TAS, VIC	1:30 pm ACT, NSW, QLD, TAS, VIC
2:00 pm New Zealand	3:30 pm New Zealand

Day 2

Wednesday 29th June 2022

Session One	Session Two
10:00 am WA	12:00 pm WA
11:30 am NT + SA	1:30 pm NT + SA
12:00 pm ACT, NSW, QLD, TAS, VIC	2:00 pm ACT, NSW, QLD, TAS, VIC
2:00 pm New Zealand	4:00 pm New Zealand

OUR PRESENTERS

'Upholding Clinicians as We Face the Shared Trauma of Global Suffering and Death'

Dr April Naturale

This presentation will discuss both the positive and negative, unique aspects that can be experienced by those who work in the areas of oncology, palliative care and hospice, trauma and emergencies; the role of social workers in providing psychoeducation and emotional support regarding fear and grief as well as coping and emotional recovery; and also the impacts of shared trauma as related to the COVID 19 pandemic."



Dr. Naturale is a traumatic stress specialist; a licensed clinical social worker specializing in responses to traumatic events. She started her career as a medical/oncology social worker and continued to focus on trauma, grief and disaster response work. Dr. Naturale led Project Liberty, the NY mental health response to the 9/11/01, World Trade Centre disaster, the Boston Marathon bombing event and many others.

Over the past 20 years Dr. Naturale has developed services to support victims of mass violence and terrorism and provided disaster and traumatic stress response training and consultation throughout the U.S. and internationally. She trains Humanitarian aid workers internationally and recently helped launch the new European Centre of Expertise for Victims of Terrorism.

Currently, Dr. Naturale is the Assistant Vice President of National Programs for Vibrant Emotional Health, overseeing the Veterans Crisis Line, the Disaster Distress Helpline and the Crisis Emotional Care Team. She also leads the Lifeline Cares Team, a wellness-based program for the National Suicide Prevention Lifeline.

‘Facing fears of Death and Cultivating Death Acceptance’

Dr Rachel Menzies

Our awareness of mortality is a universal part of the human experience, and fears of death have been recorded throughout our species’ history. More recently, death anxiety has been proposed to be a transdiagnostic construct, underpinning a range of mental illnesses. This talk will first outline theoretical and empirical evidence suggesting that death anxiety may drive various maladaptive coping strategies. Lastly, evidence concerning the treatment efficacy for alleviating death anxiety will be discussed. Strategies to cultivate acceptance of death, and potential benefits of these, will be outlined.



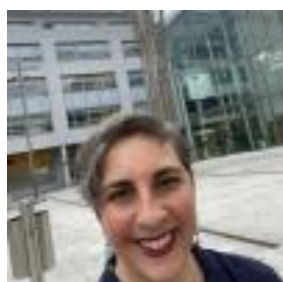
Dr Rachel Menzies completed her honours degree, Masters and PhD in psychology at the University of Sydney. She won the Dick Thompson Thesis Prize for her work on the dread of death and its relationship to obsessive-compulsive disorder (OCD), and the Australian Psychological Society (APS) PhD Thesis Award for her research on death anxiety, its role in anxiety-related disorders, and its treatment. Rachel was featured in *The Conversation Yearbook 2016*, a collection of the top 1% of ‘standout articles from Australia’s top thinkers’. Rachel currently works as a clinical psychologist and a postdoctoral research fellow at the University of Sydney. She has published extensively on the fear of death and its role in mental health and has published five books on this topic.

‘Here Comes the Sun: Shining light on Well-Being and Fulfillment in Oncology’

Dr. Amanda Kracen

It is said that while working in oncology, we will see the best of times and the worst of times. Despite being incredible rewarding, research suggests that psycho-social professionals working in cancer care cope with many professional challenges. In this interactive session, we will examine concepts such as burnout, compassion fatigue, moral injury, well-being, resilience, and fulfillment. We will also discuss institutional, cultural, and personal strategies

that may help sustain people. Attendees will leave with concrete suggestions for nurturing a life and career that is meaningful to them.



Dr. Amanda Kracen (she/her) is a Senior Lecturer in Psychology at the National College of Ireland, where she enjoys teaching and doing research with students. Additionally, she is the coordinator of the Irish Psycho-Social Oncology Network (IPSON), a multidisciplinary professional group dedicated to providing excellent cancer care to all across Ireland.

As an American, Amanda trained in the United States; she earned her undergraduate degree at Brown University and her doctoral degree in counselling psychology at Virginia Commonwealth University. She has worked in private practice with cancer survivors, as well as in oncology and palliative care at academic medical centres in Virginia and Missouri. Her research focuses on training and career development issues in oncology, the well-being of healthcare professionals, and quality of life for cancer survivors.

Outside of work, Amanda strives for joyful chaos with her partner and three children, explores parks across Ireland, and reads fiction when possible.

‘Voices from the Field: Insights into Surviving and Thriving in Oncology Social Work’

Four highly experienced social workers will share their own experiences, perspectives and strategies to explain their longevity in the practice of Oncology Social Work.

Our panel:

Ray Araullo



Ray Araullo has a Master of Couple and Family Therapy degree and is the Deputy Head of Social Work at Royal North Shore Hospital. He has more than 20 years' clinical social work experience, primarily in Haematology and Bone Marrow Transplantation. Ray has held positions in community development and leadership in oncology social work. His interests include raising the profile of oncology social work and highlighting the contribution of social work engagement in the field of psychosocial oncology.

Lee Hefford



Lee graduated from California State University of Long Beach in 1989 with a Bachelor of Social Work. Lee has dedicated her social work career to Health Social Work starting off in area of Physical Rehabilitation of the Elderly then in an ATR setting for those under 65. During this time Lee became aware of the benefits of rehabilitation for patients with cancer. In 2011 Lee took the opportunity to transfer these rehab skills into the area of Oncology, in both inpatient and outpatient settings at Palmerston North Hospital.

Alison Hocking



Alison has more than 30 years of Social Work experience. She is an OSWANZ Senior Advisor, having previously been President of OSWA from 2013-2016. She completed a Master of Advanced Social Work (by Research) in 2013 with her thesis concentrating on exploring the psychosocial needs and patient experiences of women with cervical cancer. From 2003 – 2016 Alison held multiple roles at Peter MacCallum Cancer Centre Melbourne, primarily as Manager of Social Work. Since 2016 Alison has been Manager of Social Work and Cultural Diversity at The Royal Melbourne Hospital.

Victoria Jones



Victoria has been a social worker since 1973. She has worked in a range of settings and in 1991 entered the world of oncology. She spent 12 years working as a clinical oncology social worker and then transferred to working in a large rural and regional area of New South Wales as the professional team leader of a group of oncology social workers. At the same time, she worked in a community development role alongside Aboriginal Health Officers to improve access to and utilisation of cancer services by Aboriginal and Torres Strait Islanders. Victoria is currently retired.

REGISTRATION

This conference will be held via Zoom webinar. There is one complete cost for the conference regardless of whether you attend one or two days. The conference cost is AUD \$25 for OSWANZ Members and AUD \$50 for non-members.

To register please go to the OSWANZ website <https://www.oswanz.com/>

Members must log into the website first to access the reduced registration fee.

Please note that the conference will be recorded, and the presentations will ONLY be available for OSWANZ members to access on the member section of the website.

JOINING OSWANZ

Oncology Social Work Australia & New Zealand (OSWANZ) is a non-profit, incorporated, trans-national organisation dedicated to the enhancement of psychosocial services for people with cancer and their families. This specialist body was formed to assist social workers in their practice and currently has over 140 active members who strive for excellence in psychosocial care, through networking, education, advocacy, research and resource development.

How much does it cost to become a member?

There are four membership categories:

- Full members: AUD \$50.00
- Associate members: AUD \$40.00
- Maori, Pacific Island, Aboriginal & Torres Strait Island: AUD \$40.00
- Trainee: AUD \$30.00

To join OSWANZ please visit www.oswanz.com and follow the membership instructions.

Conference and Membership Enquiries

Please contact OSWANZ via: admin@oswanz.com